

We are open from 6am until 10pm EVERY DAY

October is the month to ... curl up in front of a roaring fire (COAL, LOGS, KINDLING) with plenty of hearty food (SOUP, FRESH CRUSTY BREAD, HOT CHICKEN, TUBS OF ICE CREAM) and relax with a drink (CHILLED WINE, COLD BEER or my favourite – A LARGE BAILEYS) whilst watching a film......

> New DVD releases for OCTOBER include Kingdom of Heaven League of Gentleman's Apocalypse House of Wax Mindhunters Batman Begins Amityville Horror Star Wars Episode 3

For more information check out our website

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Reeve's Tale

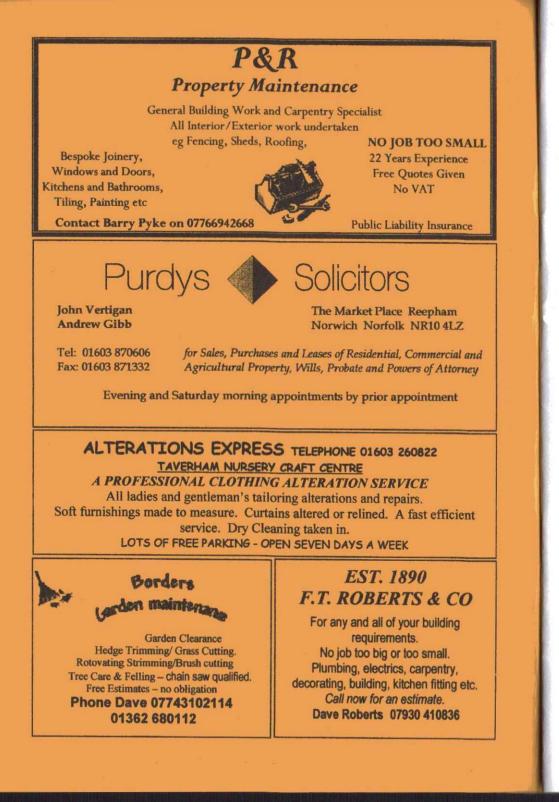
magazine

October 2005

The



PARISH MAGAZINE FOR BAWDESWELL & FOXLEY website: www.thereevestale.co.uk



The

Reeve's Tale Magazine

October 2005

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COPY FOR THE NOVEMBER ISSUE BY 15th OCTOBER PLEASE Tel (01362) 688268 e-mail : reevestale@bawdeswell.net

LETTERS

Steven Carl Williamson Memorial Trophy

Congratulations to Foulsham F.C. this year's winners.

We raised £590 for the Jenny Lind Hospital making a total of $\pounds 3,171$ in the eight years since we started. Many thanks to J Baker butchers in Bawdeswell for their kind donation for our raffle and everyone who came along to the football games and bought raffle tickets.

The Williamson family.

Bert Lambeth

My family and I wish to thank all our friends and neighbours for their kind wishes at this time of our sad loss.

Doreen Lambeth

LANDLUBBERS

The children's holiday club was great fun with 31 children coming each day. We were pirates looking for treasure each day we had clues to follow on our map till Friday we found the treasure and it was not jewels but Jesus and he is with us all the time we do not have to look for him he looks for us. We went to the beach on Thursday the weather was lovely we enjoyed making our sand models then a picnic followed by a beach treasure hunt. The week was finished in the Church on Sunday where all the adults were good sports and joined in the fun, the drama was good I did not know we had so much talent. I do believe the adults enjoy it as much as the children. A big thank you to everyone who helped I get much thanks but I am only a small part we are like a wheel all the spokes are needed. *Margaret Keeler*.

SEEKERS CLUB

The club started on the 17th. September at Lyng Village Hall. This is a club for 5-10years where we do games and Christian teaching. The sessions to Christmas will be a follow up to Landlubbers.

The October meeting will be at Sparham Old School Room on the 15th 10am to 12noon.

Cost £1 all children welcome from 5years to 10years old. We welcome older children to come and help us. Mrs Margaret Keeler. 01603 872565.

ROCK SOLID

The 11-14 teens youth group has a new venue and new time – Lyng village hall, 1st & 3rd Wednesday at 7.30, starting 21st September.

OCTOBER DIARY

3

03 Oct Bawdeswell Parish Council meeting 7.30 03 Oct Short Mat Bowls 7.30 Foxley Village Hall 04 Oct New Age Curling, 7.30 Foxley Village Hall 05 Oct Food Hygiene Course - see page 31 05 Oct Rock Solid youth club, 7.30 Lyng Village Hall 05 Oct YOGA - Foxley Village Hall 6.30pm 06 Oct Book Club meeting 7.30 in Old Workhouse Bar 06 Oct Choir Practice 7.30 in All Saints Church 07 Oct Julian Group Meeting - see page 34 07 Oct Short Mat Bowls 7.30 Foxley Village hall 08 Oct Project Bawdeswell meeting 10am 10 Oct Women's Institute meeting, 7.30 Sparham Old School Room 10 Oct Short Mat Bowls 7.30 Foxley Village hall 11 Oct School Friends Meeting 7.30 in Old Workhouse Bar 11 Oct New Age Curling, 7.30 Foxley Village Hall 12 Oct Foxley Social Club, Bingo 2pm 12 Oct YOGA - Foxley Village Hall 6.30pm 13 Oct Choir Practice 7.30 in All Saints Church 13 Oct Patients Group meeting, 7.30 Elmham School 14 Oct Short Mat Bowls 7.30 Foxley Village Hall 15 Oct Seekers Club, 10 -12 Sparham Old School Room 16 Oct Craft & Gift Fayre, 11am - 4pm Bawdeswell Village Hall 17 Oct Short Mat Bowls 7.30 Foxley Village Hall 18 Oct New Age Curling, 7.30 Foxley Village Hall 19 Oct Rock Solid youth club, 7.30 Lyng Village Hall 19 Oct YOGA - Foxley Village Hall 6.30pm 20 Oct Choir Practice 7.30 in All Saints Church 20 Oct Wensum Bird Society meeting, 7.30 Lenwade Village Hall 21 Oct Julian Group Meeting - see page 34 21 Oct Short Mat Bowls 7.30 Foxley Village Hall 24 Oct Short Mat Bowls 7.30 Foxley Village Hall 25 Oct New Age Curling, 7.30 Foxley Village Hall 26 Oct Foxley Social Club, Talk - Gilbert & Sullivan 2pm 26 Oct YOGA - Foxley Village Hall 6.30pm 27 Oct Choir Practice 7.30 in All Saints Church 28 Oct Short Mat Bowls 7.30 Foxley Village Hall 31 Oct Short Mat Bowls 7.30 Foxley Village Hall

FOXLEY SOCIAL CLUB

Please join us in Foxley Village Hall at 2pm

28th September for a Talk on "Pest Control" with Mr Vic Williamson

12th October for a Bingo Session & bring along a "Photo of your Child or Children"

26th October for a Talk on "Gilbert & Sullivan" with Mr John Balls

9th November Bring along "Mementos of your Family"

23rd November "The Blue Ridge, Virginia" with Mr M Smith

7th December Tea Party with Entertainment by Tony Ireland

14th December Christmas Lunch

Contact: 688099, 438, 713 or 768

ALL WELCOME

FOXLEY VILLAGE HALL MANAGEMENT COMMITTEE

Activities for Everyone 2005/06

- Exercise for the over 50's (please refer to VH Noticeboard for day & time)
- Short Mat Bowls Mon 7pm & Fri 7.30pm
- Computer Sessions Tues pm (15 weeks)
- New Age Kurling Tues 7.30pm
- Yoga Wed 6.30pm
- Art Classes Thurs starting 6thOct 24th Nov
- Salsa Dancing 2 Taster Sessions
 Wed evening @ 8pm in November (need min 13 people)
 (Please contact asap if interested)

For more information please call:

John Driver on 688713 for Computer Classes & 688438, 448, or 768 for all other activities

FOXLEY VILLAGE MANAGEMENT COMMITTEE



FISH & CHIP SUPPER & RACE EVENING

FRIDAY 4TH NOVEMBER:



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Tickets: £5 per person

CONTACT: 688768/438/448

FOXLEY BOWLS CLUB

We held bowling sessions in Foxley Village Hall for 6 weeks during the school summer holidays for local teenagers. As well as Foxley residents we were delighted to welcome some from Bawdeswell over the period. We had very enjoyable sessions, appreciated by both bowlers and members of our Bowls Club who assisted. On the last Friday we held a competition and played for a cup kindly donated by one of our members Mrs Rene Kent. The winner was Callum Brett and the runner up Tom Webb. Congratulations to both. The cup and medals were presented by our club captain, Robert Dewing.

The teenagers now return to education, either to school or to college and we wish them well for the coming year. We look forward to enjoying bowling activities with them, and any others who may be interested, next summer.

Gordon Whitmore

FOXLEY VILLAGE HALL HOG ROAST

On Saturday 20th August 2005 Foxley Village Hall Committee held a Hog Roast in aid of the hall's extension fund. 'Top of the Bill' for the entertainment was Keith Skipper, Norfolk's own very humorous raconteur.

The turnout was gratifyingly keen; the hall being packed to its licensed capacity. The Hog Roast, supplied by Messrs C.R. Lake of Fakenham, was at its usual succulent best; and with the additional dishes and puddings to choose from, even those who eschew the very mention of the word 'dieting' could find no cause to complain.

After the splendid repast, we all sat back (with a glass of our favourite 'medicine') and listened to Keith Skipper telling us anecdotes and recollections from his and Norfolk's very special past. That wonderful, gentle but pithy, Norfolk humour never fails to create laughter whenever it is recounted, especially by a master such as Keith.

The evening wound down with the usual intermingling of groups and families engaging in good hearted banter and laughter - a typical end to a village gathering in fact. Ruth Whitmore, the Chair of the Village Hall Committee, gave thanks to her committee and to the volunteers who had helped to make the evening such a success. £300.00 was raised towards the Extension Fund. A very satisfying result we all thought!



Christmas Flower Arranging Demonstration

8

by Nick Grounds

ALL SAINTS CHURCH, BAWDESWELL

Coffee at 10.00am

11am FRIDAY 18th NOVEMBER 2005

Finger buffet at about 12.30

Tickets £10.00 which include the buffet and soft drinks. 01362 688240

The flowers will be raffled at the end (50p. per ticket or three for £1)

Organised by The Friends of Bawdeswell Church

'protecting and enhancing this unique building for the future'

The FRIENDS OF BAWDESWELL CHURCH ANNIVERSARY CONCERT

This year's church anniversary was commemorated on Saturday 30th July with an evening concert given by the distinguished musician, Dr. Gerald Gifford.

Entitled 'Georgian Delights', to complement the neo-Geogian architecture of our beautiful church, the programme included works by many well known and lesser known composers of the era.

The programme was executed most skilfully with Dr. Gifford introducing each piece and alternating between the harpsichord, positioned at the front of the church and the chamber organ, residing just in front of the gallery at the west end.

This gave an interesting sound dimension for the audience and demonstrated the wonderful acoustics of the building.

The Church, which had just the day before had its rewiring completed after eight weeks work, had been thoroughly cleaning from top to bottom by the friends group. She looked and smelt ready to celebrate her birthday in great style!

As usual Sue Lilwall and her team had enhanced the church with the most stunning flower arrangements, setting the scene for the recital and supper.

We were very privileged and honoured to welcome Dr. Gerald Gifford, a performer of international repute to Bawdeswell and it was very encouraging to see over 70 in the audience.

Thank you to all who helped with making the evening the great success it undoubtedly was and we look forward to bringing such high quality events to Bawdeswell in the future.

James Lilwall

Coming up - Fri Nov 18th Christmas Flower demo & Lunch

Sun Dec 11th Family Christmas Concert



BAWDESWELL COMMUNITY PRE-SCHOOL

MON - THURS 9am-12noon FRI-Closed

We are a small friendly group with room for more. We welcome children from 2 years to school age. If you have a child of pre-school age and would like them to join the group please contact Linda Barham (supervisor) 07990963345 (term time only) or Adele Ludgate (admissions) 01603 879995 (anytime)

We would like to welcome 4 new children to the group and welcome back the 9 other children who were with us last term.

We hope you all had a wonderful summer holiday.

This term we will be learning about ourselves and also looking at colours linked with harvest. We will also be celebrating Harvest Festival together with class 1 from the school.

MOTHER, BABY AND TODDLER GROUP

THURS 1.35pm-3pm FRI 9.30am-12 noon

COME ALONG FOR A COFFEE AND CHAT TO OTHER PARENTS/CARERS IN OUR SMALL BUT FRIENDLY GROUP ALL WELCOME

FOR MORE INFORMATION CONTACT WENDY COTTRELL 01362 688602 OR KELSEY BAKER 01362 688401

CRAFT AND GIFT FAYRE

SUNDAY OCTOBER 16th BAWDESWELL VILLAGE HALL 11am-4pm

MANY CRAFTS AND GIFTS REFRESHMENTS CAKE STALL

A CHANCE TO DO SOME EARLY CHRISTMAS SHOPPING SO COME ALONG FOR A LOOK AT SOME WONDERFUL GIFT IDEAS ALL WELCOME

IN AID OF BAWDESWELL COMMUNITY PRE-SCHOOL



BAWDESWELL COMMUNITY PRIMARY SCHOOL

Welcome back to everyone. We hope you all had a good holiday!

Welcome to all the new children starting this term, we are sure you will all be happy here at Bawdeswell School.

Lloyds Bank Lloyds are operating a scheme where pennies in accounts can be rounded down and credited to a Music Boost Fund at your nominated school. Leaflets available in banks. This could be a way to boost our stock of instruments for pupils in the school.

Changes to school during the summer.

A lot has been going on during the holidays around the school. We have had classrooms and hall painted, fresh drinking water made "available, disabled accesses put in, new flooring, new windows to classroom 2 and new fencing around the playground.

Music

10

Music groups continue to thrive throughout the school, at the moment children are able to learn to play recorder, piano, keyboard, guitar, flute, clarinet, and steel pans.

If your child is interested in taking up any of these lessons please see the office for details. Adult lessons also available after school.

Staffing And Classes For September 05

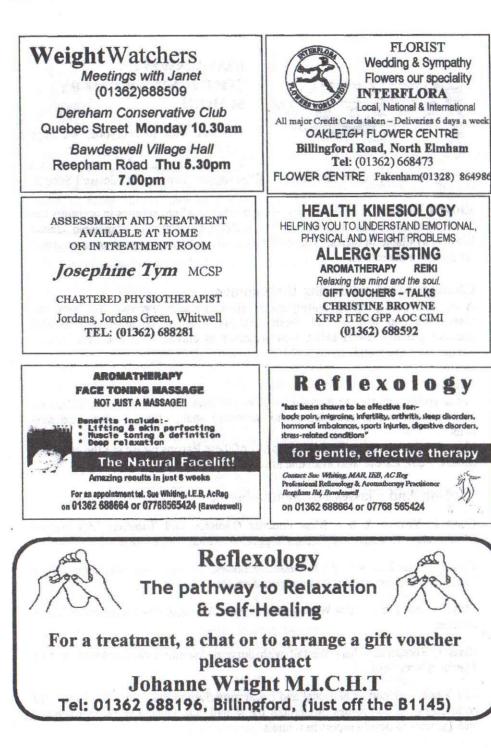
Class 4, Year 5 & 6 – Miss Foucher (Monday and Tuesday) Mrs Hallam (Wednesday, Thursday and Friday) Support Assistant – Mrs Postle

Class 3, Year 3 & 4 – Mr Kerkham (Monday, Tuesday and Wednesday) Miss Foucher (Thursday and Friday) Support Assistant – Mrs Barber

Class 2, Year 1 & 2 - Mrs Wilson with Support Assistant Mrs Longhurst & Mrs A Salmon

Class 1, Reception - Mrs Westall with Support Assistants Mrs Hubbard & Mrs Martin (alternating)

Mrs Jones – As part of National and Local initiatives to boost PE, Mrs Jones will be teaching PE and games throughout the school, and liaising with other schools and agencies to develop sport in schools.



All in all the fundraising loads of exacy year. Aimediate attending Bar The library usable and resources, be fundraising Classroom of given to the class. Mrs. V pack for Bar Hallam used Other monital little extrass interesting Christmas I

Where the Money Goes

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October



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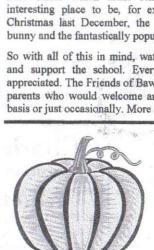
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Been



We are currently trying to organise trick or treating, as we appreciate not all the villagers are happy to participate. If you are happy for children to knock at your door then please put a pumpkin or sign in a prominent place. If you really take Halloween seriously then perhaps you could contact FOBS and we could arrange apple bobbing or spooky stories in your garden.

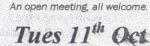
All in all the last academic year was very successful in respect to fundraising and what was achieved within and for school. There are loads of exciting and interesting ideas planned for the new academic year. Aimed at raising funds to benefit both the pupils currently attending Bawdeswell Primary School and those in the future.

The library is progressing well, slowly but surely it is becoming a very usable and well used space with ever expanding information resources, but there is still a fair way to go to complete the area, so fundraising for this project remains a priority.

Classroom contributions continue, each term an amount of money is given to the individual teachers to spend on items specific to their class. Mrs. Westall purchased equipment; Mrs. Wilson, an educational pack for Banham Zoo; Mr. Kerkham, Scrapbox equipment and Mrs. Hallam used hers for coach fares to a choir rehearsal.

Other monies raised helped to provide the children with all of those little extras which make school an overall more sociable and interesting place to be, for example the token gifts from Father Christmas last December, the generous donations from the Easter bunny and the fantastically popular climbing wall.

So with all of this in mind, watch this space, check the notice board and support the school. Every little helps and it is very much appreciated. The Friends of Bawdeswell School is a voluntary body of parents who would welcome any new members, either on a regular basis or just occasionally. More adult support is always appreciated.



NEXT MEETING:

At 7.30 p.m. In the Workhouse Bar

2005

ENQUIRIES AND COMMENTS CONTACT: -

Sally Swan (Secretary) 01362 688793 Sarah Thirkettle (Newsletter) 01362 688361 Fel Roberts (Chairperson) The village shop.



BOOK CLUB

Held in The Old Workhouse Bar on the first Thursday of the month at 7. 30 pm. New members welcome.

Book Review When We Were Orphans by Kazuo Ishiguro

This book is the fictional story of Christopher Banks. It begins in London 1930 where the hero is a celebrated detective who is part of the upper middle class social circle. He reminisces about his schooldays, there is a mystery in his past which he needs to solve, the disappearance of his parents when he was a small boy in Shanghai. The book is written in the present but going back to different times in the past as his memory is sparked off by current events. In my opinion this is difficult to do well but I thought Ishiguro did it brilliantly and I never got in a muddle or forgot where I had got to as I often do. I found it enthralling and was quite desperate to get to the end where for once I was not disappointed even though I read it so quickly I missed the full meaning of an important event. It evokes the bewilderment and sadness due to the loss of his parents for a small boy and the psychological and emotional consequences which affect him throughout his life.

I shall read this book again and others by the same author, which I would probably never have done had I not been introduced to his works by the Book Club.

I should point out though that my views were not shared by everyone with some readers not finishing the book at all which gave rise to an interesting meeting. HC



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The BENEFICE CHOIR

The choir is making great progress, as many of you commented after hearing the group at their last outing, the united benefice service at the end of July. They are getting better with 'age' like a good wine !

We now number just over twenty members, who are dedicated and very enthusiastic, which is great and something to be celebrated. We could do with some more men ?

They have been honoured to sing at two recent weddings in the benefice, which has contributed to over $\pounds 200$ to help us buy music and resource. Some thought a coach outing would have been a good idea or a night at the pub, but new music it's to be!

The choir rested over August and the new term started on Thursday 1st September.

If you would like to get involved do please let me know. We rehearse at All Saints Bawdeswell on a Thursday night at 7.30pm

We have one united service left to sing at this year at the end of October and the choir will also be singing at one of our carol services in the benefice, yet to be decided.

James Lilwall

FIREWORKS NIGHT

SATURDAY 5TH NOVEMBER

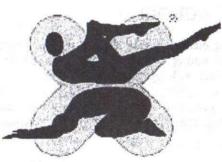
BAWDESWELL VILLAGE HALL

6pm Open the bar, light the BBQ 6.30pm Light the bonfire – throw on the guys* 7pm Set off the FIREWORKS 8pm Crank up the music with the DISCO and KARAOKE

*If you wish to make a guy to burn, bring it along or help us advertise the event and join our mini scarecrow-guy festival.

Contact Piers/Jayne for more information on 688388





PILATES CLASSES

Pilates can improve your posture and flexibility and tone your body. It is suitable for people of all ages and all levels of fitness

> Two new classes start on Wednesday 2 November 6.15–7.15 p.m. or 7.30–8.30 p.m. at

Fakenham Infants School, Norwich Road, Fakenham

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- New courses every 6 weeks
- Other classes in the area
 - One-to-one classes

Phone Liz Davis on 01362 668950 or 0771 611 6801

Member of the Body Control Pilates® Association the quality standard for Pilates teaching BAWDESWELL PARISH COUNCIL – EXTRACTS OF MEETING HELD ON MONDAY 5th SEPTEMBER 2005 at 7.30 pm IN THE VILLAGE HALL

PRESENT: Councillor's Hind, Lilwall, Swain, Cockburn & Wallace Mrs. I. Floering Blackman (CC) Mr.G. Bambridge (DC) 11 parishioners **APOLOGIES:** Councillor's Mallen & McColville

MINUTES OF LAST MEETING: duly agreed and signed.

Chief Superintendent Alan Hayes attended the meeting to give an update on his last visit in May 2004. As there were no questions from Parishioners he gave a general view on Policing in this area explaining about ABSO'S/Dispersal Orders and other methods of modern policing. Concerns expressed about new Licensing laws coming into effect shortly which could cause problems.

PLANNING;

-Tollgate Cottage, Timber fence – indigenous hedge to be planted along boundary fence- fence to be removed when hedge established.

- Corner Cottage -timber fence - matter being discussed at Breckland. <u>PP granted to following:</u>

-All Saints Court – garden shed/ Old Workhouse Paddocks – field shelter/ 21 Two Fields Way – extension/3 Chaucer Close – conservatory

- Land at Folland Court- site meeting on 19th September 11am.to discuss matter.

Deer sign now moved into correct place on Reepham Road opposite Old Workhouse Stables.

Old Workhouse Bar – application for **Premises Licence** to be heard by Breckland Council on Monday 12th September.

Details of new Norwich Bus Station received – to be put on Notice Boards. Annual Return for 04/05 signed by Chairman and Clerk.

Village Fete raised profit of £1,385.32 and after paying bills of £464.89 the sum of £184.08 each was given to Bawdeswell School/Church/PCC/Pre-school and Hall.

Children's Play equipment painted bright colours - thanks given to Graham Swain for carrying out work

NCC has PA for Clay Hall Farm, Lenwade for Composting/Rendering Plant. Councillors Floering Blackman and Bambridge to investigate and keep Council informed.

NEXT MEETING: MONDAY 3rd OCTOBER 2005 7.30pm. VILLAGE HALL.

<u>BUS SERVICE</u>: The Village Appraisal showed that Parishioners would like a bus service between Bawdeswell/Dereham and the PC are investigating the provision of such a service. At a recent meeting in Elsing Village Hall the NCC stated that any bus service provided must raise 30% of their operating costs from fares. Any bus they provide must therefore have Community support or it is withdrawn. The Bus provided on Fridays by Konect picks up very few people in Bawdeswell and if more people do not use it will undoubtedly be withdrawn and NCC would be reluctant to provide a bus on any other day. It is now up to Parishioners to show more support for a Bus Service if we are to achieve this aim.



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Mission Statement

"To establish the recreational and social needs of our community and seek ways to create multifunctional facilities with the flexibility to allow for growth and development."

The meeting of the steering committee on 3 September 2005 focused on two main areas. These were the logo or brand to be used for the project and the format for the village SUIVEV.

The logo (black and white version) that has been chosen is at the top of this article and shows three features of our community. The church tower in Bawdeswell has a design unique to Norfolk, the trees represent the rural nature of the village and the house roofs the village itself. The coloured version will soon appear on the Project Bawdeswell website.

An outline format for the survey was produced by members of the steering group for discussion at this meeting and has been designed to supplement and enhance the recent village appraisal survey and to clarify some issues where there were conflicting results. It is planned to survey in three age ranges, 5 - 10 (mainly carried out through the school), 11 -17 and adults. Some fine tuning of the survey forms will be carried out before the next meeting when the final content and layout will be agreed. The survey is much shorter than the appraisal was but is planned to be carried out on an individual basis rather than by household. Together with the results from the appraisal this survey will guide Project Bawdeswell to produce a plan for the village and will also form a core of evidence of our needs and aspirations when we start to apply for funding. The dates for the survey will be arranged once the content is agreed.

There is a web site for Project Bawdeswell carrying full details of our progress, minutes of the meetings etc. You can access this site from the Reeves Tale Home Page (www.thereevestale.co.uk). If you have any queries or wish to offer help, advice or donate professional services to the project please write to "The Secretary, Project Bawdeswell, c/o High Windows, Meadow Loke, Bawdeswell, NR20 4TG" or Email to PBawdeswell@aol.com The next meeting of the Project Bawdeswell Steering Group, which is open to all residents of Bawdeswell, is in the Village Hall on Saturday October 8th at 10am.

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NORWICH BUS STATION

The new Norwich Bus Station opened in August.

The 4.2 million pound bus station featuring two giant canopies providing over 2000 square metres of shelter for passengers, was provided by the County Council. It includes a travel centre which will be open seven days a week and is operated by County Council staff for travel advice and the sale of tickets. There are ticket vending machines for local and national bus services as well as toilets, a waiting area and catering facilities.

The new 12 bay bus station will be a dramatic improvement on the old site. Each bus bay enjoys individual waiting shelters that incorporate seating, closed circuit TV, public address and automatic timetable displays.

The new facility will allow buses to enter and leave Surrey Street and Queens Road, cutting journey times and reducing congestion on St Stephens Street. Norfolk County Council firmly believes this new facility will allow us to continue to improve public transport in and around Norwich.

A copy of the bus station stand plan is on display on your parish notice board and we will be send appropriate timetables shortly. Thank you for your patience during the build, but I am sure you will agree the wait has been worthwhile.

The Publicity Officer, Passenger Transport Unit, Norfolk County Council

FREE GARAGE ALARM

Breckland are now offering an intruder alarm to residents whose garage has been broken into over the last 12 months.

Once again there is a limited supply so to avoid disappointment make sure you bring in your form straight away and make sure that you fill in your Police CAD reference number.

	Name
	Address
Date Garage broken into	
Police CAD reference number (given	when you reported the crime)
To collect your intruder alarm, pla	

Breckland Council, Community Safety Team, Elizabeth House, Walpole Loke, Dereham. Breckland Council and the police accept no responsibility regarding the use of this equipment.

CLEANRIGHT

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CARPETS

Lounge (from) £8 Dining Room (from) £6 Hall/stairs/landing £10 Kitchen (from) £5 Rugs (from) £2 3 Bedroom house £36

UPHOLSTERY

3-Piece suite £25 Single chair £5 Dining chair (from) £0.75 Footstool (from) £1

CURTAINS

MATTRESSES

Single £6 Double £8 King size £10 Full length £18 Half length £11 Pelmet (from) £2

Prices shown are for a 'Basic Clean Only' Exclusive of V.A.T.

Grade "B" Clean Includes Deodorisers, Conditioners and High-Performance Clean (Optional). Grade "A" Clean includes Fabric Protection (Optional) An explanation of Clean Grades will be provided, plus Free Test Patches.

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WE CLEAN SEVEN DAYS A WEEK!

The BECK WOMEN'S INSTITUTE



In the absence of Aleathia and Ruth, Gill opened the meeting and Jennifer read the Minutes of the August meeting.

Our committee had 'done us proud' by getting a substitute speaker in the form of Clare Hill.

Clare is an archaeologist and lives in Sparham. She showed us slides taken in the 1960's when she spent several summers in the Lonistan area of Iran. We found she made a 'dig' sound extremely interesting, as were the slides showing foundations, parts of walls and even doorways of large houses, built around 900BC. We also got splendid views of the Zagros Mountains and gained an impression of what it felt like to climb the zig-zag paths to get to the next valley!

The Nomads, Clare and her fellow archaeologists travelled with, were very colourful and hospitable people and it was fascinating to hear stories of their way of life.

A most interesting and entertaining talk.

Janet won the raffle. Single stem flower: 1st Mary, 2nd Audrey.

The exhibition next month is a Small Foreign Object and our speaker's subject is Boadica.

Hope to see you all on 10th October, 7.30pm in the Old school Room, Sparham.

Mary Humphrey



REEPHAM & DISTRICT ROTARY

John Tym has now taken over as President of the Club. John lives with his wife Jo in Whitwell and he is a Chartered Surveyor by profession.

At hand over evening John outlined his proposals for the year. His main charity is to be Prostate Cancer Research. He is also hoping to support the Colon Cancer Research, as one of our members lost a brother recently through this disease. Hearing Dogs for the Deaf is another charity he hopes to support.

The Whitwell Hall loo and shower block has now been roofed in and is ready to be fitted out. Monies have now run out so this will probably have to now wait until next year

Further Aqua Boxes have been purchased and are to be distributed to local primary schools for them to fill.

Ken Ewing

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ELMHAM SURGERY PATIENTS' GROUP

PRESCRIPTIONS FOR IMPROVEMENT

Significant changes are being made to the working of the dispensary at Elmham Surgery. They are the outcome of several months of discussions between the doctors, practice managers and the Patient Participation Group.

The first stage of the programme was the installation of a ticket system to get rid of people standing in queues. Next, was the extension of the dispensary working hours. It is now open without a break from 8.30 in the morning of every weekday through to 6.30 in the evening (with the exception of Wednesday, when it closes an hour earlier).

This has been followed up by arrangements to speed up the process of handing over the prescriptions at the counter. Staffing has been increased to accommodate the opening of a second counter. The new system provides one counter dealing with patients wanting to pick up repeat prescriptions, the other reserved for patients needing to pick up medication which has just been prescribed in an interview with a doctor.

In addition, patients with access to a computer internet connection can now enter their request for a repeat prescription on a page available on the surgery website (address: www.elmhamsurgery.com). What you'll need is your patient number: that's on the top of the repeat prescription form.

On top of all this is the delivery service for repeat prescriptions available to patients in Bawdeswell, Guist, Bintree and Foulsham, Lyng, Swanton Morley, Gressenhall, Longham, Mileham and Whissonsett. Not to mention, of course, the dispensary that operates in the new surgery at Swanton Morley.

The efforts to improve the services provided by the Elmham practice have been much helped by the readiness of patients themselves to offer comments and suggestions. The patient participation group's next meeting will be on Thursday, October 13th in Elmham School at 7.30pm. If there's any matter you would like to raise, contact Alan MacKim (01362 668831) or Ann Adeney (01362 683380).

Alan MacKim





WENSUM VALLEY BIRDWATCHING SOCIETY

The bird books describe the Bittern as a shy and retiring creature (Heron family) which is more likely to be heard than seen. While on our July field trip to Minsmere we saw the unmistakable form of a Bittern striking the classic bill-up pose rising from the reeds spying out the surroundings before taking to the air. Moments later it flew across the hide. A 'first' for many of us and the icing on the cake to an excellent day at Minsmere which also included sight of a Wood Sandpiper and a Spotted Redshank.

At our August indoor meeting guest speaker Tim Nevard gave a lively and enthusiastic presentation about the Pensthorpe Nature Reserve. He spoke about the development of Pensthorpe from the original gravel workings to the major attraction it has become. Tim spoke about the aim of the reserve of getting people nearer to nature, the captive breeding program and the plan to re-introduce the Corncrake and Common Crane to the Wensum Valley. The talk served as an appetiser for our visit to the reserve in August.

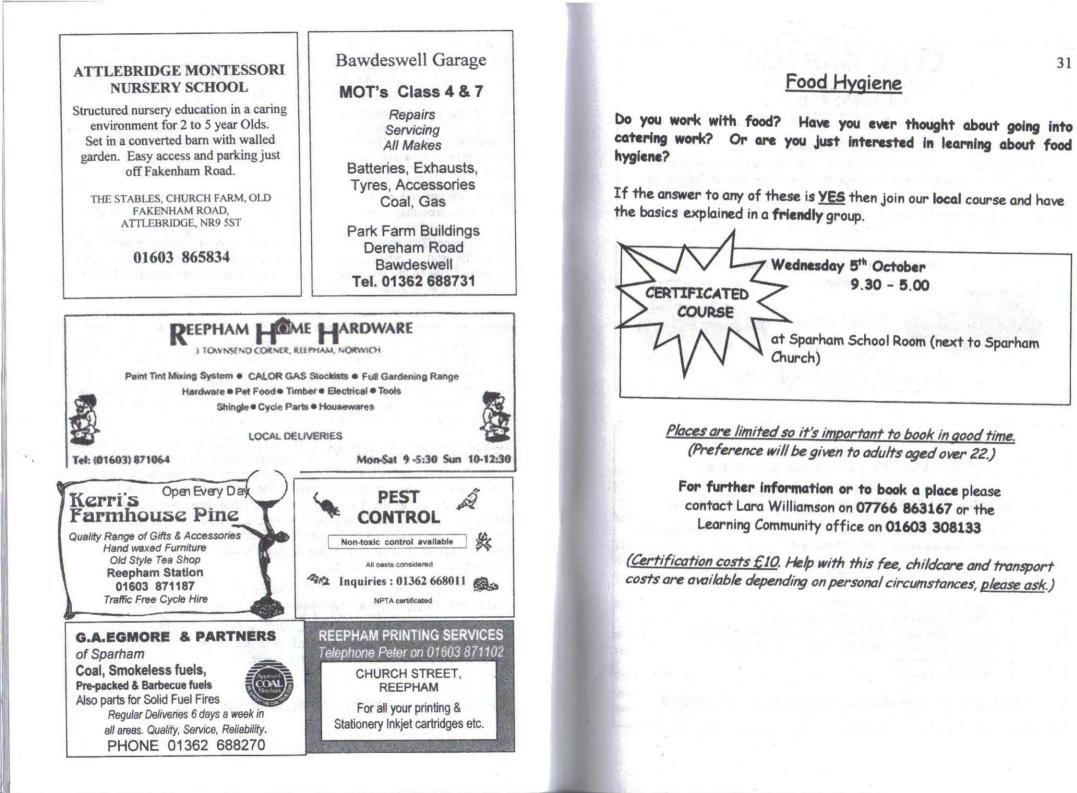
Our trip to Pensthorpe attracted thirty members and was the best attended outdoor meeting yet. There was a large range of exotic birds on display and it was interesting to see them at close range. The show stealers however were a pair of Kingfishers. They put on a dazzling display of aerodynamics and fishing above the Pensthorpe lake. Some members opted to take the Wensum Vehicle Safari in the afternoon. This was a tour of backstage Pensthorpe which explored the history of the valley back to the Ice Age and included a description of Pensthorpe's modern day conservation grade farming methods. In all an excellent day was had by all.

At our September indoor meeting guest speaker Charles Fox gave a presentation entitled 'The Gambia Experience'. It was interesting to see the lengths a dedicated birder will go to observe and photograph exotic birds. He produced pictures of birds with names that sent me diving amongst the reference books when I got home. Exotic names such as the Bee-eater, Ground Hornbill, Palm Nut Vulture, Waxwing and the Abyssinian Roller which Charles described as the 'Gem of the Gambia'. His portrayal of the conditions encountered in Gambia would not sit well in a tourist brochure but there must be something going for it, as Charles pointed out 'a hundred million mosquitoes can't be wrong'!

Our October field trip is to North Norfolk on Saturday 1st, Ray Gribble leading. Meet at Morrisons, Fakenham at 8.30 am. Bring packed lunch and warm clothing.

Our October indoor meeting is Thursday 20th at Lenwade Village Hall when guest speaker Peter Ransom will present 'Birds of Wales' Start at 7.30, non members £2. Newcomers are welcome, refreshments available.

Colin Wright [01603 - 740548] [atomic.colin@virgin.net]



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ALL SAINTS CHURCH, BAWDESWELL

We had two baptisms in August -14 AUG Jack Ross Johnson

21 AUG Kyle James Crisp - happy occasions both.

The 10 o'clock fixed service time for Sundays seems to be working well. It is certainly a lot easier to remember! We have had encouraging numbers all month.

Thank you all on the flower and cleaning rotas for the work you have put in, especially those who cleared up after the electricians had finished. We have enjoyed the bright flowers. and at the time of writing are awaiting one of our annual festivals - the decoration of the church for our Harvest Thanksgiving,

The Norfolk Church's Sponsored Cycle Ride was very unlucky with the weather this vear (it poured most of the day) and visitors to our church were down on previous years. Nobody cycled for Bawdeswell but thanks are due to all those who took it in turn to man the church all day to sign in the visiting riders.

The final bill for the rewiring of the church came to a staggering £16,700 which has been paid off by donations from the Friends of Bawdeswell Church, individuals, PCC funds and a loan of £6,700 which we have to repay in the next few years. Your continued support of the very professional events which the Friends run for us will help us to achieve this. Thank you for your help so far.

There is to be a Christmas Flower demonstration in the church by Nick Grounds the Wisbech Auctioneer on Friday 18th November. Full details are on page 8 of this magazine.

Starting on Sunday 20th November come to the GiG at 10 o'clock in the church - aimed at families of all ages - every third Sunday of the month. Half an hour of music, a few prayers, a thought for the day from the Rector, and coffee and hiscuits.

The popular Family Christmas Concert is on the afternoon of Sunday December 11th Our Carol service this year is on Sunday 18th December and we are hoping very much that the Benefice Choir will join us. So it should be a rousing occasion.

THE JULIAN MEETINGS

worldwide@julianmeetings.org The local contact is Susan March (01603) 870342.

Meeting dates for October/November 7.10.05 21.10.05 4.11.05

From a Quiet Day - A Way to God for Today, July 9th 2005

Who am I? Written and presented by _Bernadette Buxton

I am a spark in God's furnace of love. tumbling, twirling and thrusting in Him.

I am a droplet of water in God's unending stream of joy in His creation.

I am a breath caught and tossed in God's wind of eternity.

I am a reflection of God, mirroring His purpose and plan in the immensity of the unknown.

I want to be the one who listens to and watches for His purpose.

FROM THE RECTOR

Dear Everybody, hello again.

What's on offer locally for young people? Fresh air, space, friendly faces and schools, and much more. But then.... Although these are lovely villages to live in, they're not easy to live in for those who feel stuck here. Some of our schoolchildren, especially from outlying places, have a lengthy commute to secondary school. Some of the young in our communities can feel they're missing out.

Some new things, then.

- There will be a new Countrysiders (Young Farmers') club for 10-14s beginning in Bawdeswell, and the Rock Solid 10-14s club is moving to Lyng. Both clubs will be on alternate Wednesdays. Young people can come to both.
- The "Gig" church service at Bawdeswell starts next month. It will be short, snappy, and have more variety, with opportunity for younger people to participate and lead.
- I'm not good with txt msgs, but I'd like anybody of any age, but especially the young, to email me their address so that I can start a contact group to send everyone a "Spiritual Thought for the Week". Email me at davidhead@beeb.net. You may be surprised by the thoughts I send.

For all of us, it's important to love the place we're in, to feel at home. Some of us may never want to leave. But there's always room for more activities; those who've run youth clubs in the past have found it difficult to find helpers. There's a group in Bawdeswell wants to start up a club for younger children, another group trying to get started in Lyng, (neither of them church-based.) Anyone interested?

God bless you in your community life

David Head

Church of England SERVICES - Rector the Revd David Head (01603 872381)

DATE	2 nd	9 th	16 th	23 rd	Wed 26th	30 th
Season	19th after Trinity	20th after Trinity	21st after Trinity	Last after Trinity	-	ALL SAINTS
BAWDESWELL	HC(1) 1000 DH	Words & Praise 1000	MP 1000 TC	HC(PB) 1000 DH	HC(PB) 0900 DH	HC 0800 DH
BYLAUGH	-	MP 1030 TC	-	HC(PB) 0900 DH	-	-
ELSING	HC(PB) 0800 DH	Words & Praise 1030 FST	HC(1) 1030 DH	MP 1030 CW		- 1.
FOXLEY	EP 6.30pm CW	HC(1) 1030 DH	MP 1030 CW	HC(PB) 0900 TC	-	Words & Praise 1030 DH/TC
LYNG	HC(2) 0900 TC hf 6.30pm DH	EP 6.30pm TC	HC(1) 0900 DH	Words & Praise 1030 FST	-	
SPARHAM	Family Service 1030 FST	HC(PB) 9am DH	EP 6.30pm DH	HC(PB) 1030 TC		-

OCTOBER 2005

DH: CW: Revd David Head TC: Revd Tom Candeland MWB: Revd Michael Baker Churchwarden FST: Family Service Team HC(1) Holy Communion according to the new book of *Common Warship* HC(PB) Holy Communion according to the traditional *Book of Common Prayer* WP: Words & Praise EP Evening Prayer

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